

June 2014
Hi Lites of
Lutheran Manor



I Dad



WELCOME NEW RESIDENTS

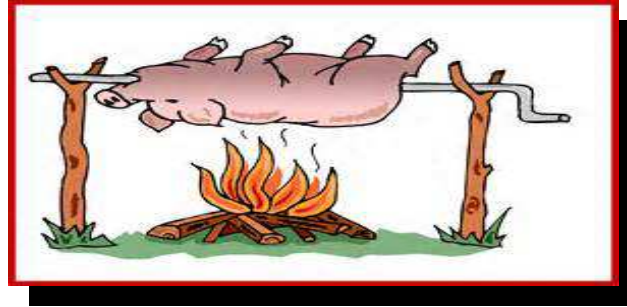
Julia Rhymer 307
Marwood Badway 919
Marie Pandolfo 1002

June 2 (Monday)	Movie-Lincoln (Sign-up required)	11:30 a.m.	Conf Room
June 2 (Monday)	Farmers Market Vouchers	3:30 p.m.	Lounge
June 4 (Wednesday)	Massage by Appointments	9:00 a.m.	Conf Room
June 5 (Thursday)	Elvis Presley Impersonator	2:00 p.m.	Lounge
June 6 (Friday)	Annual Pig Roast Picnic	12:00 p.m.	Outside
June 7 (Saturday)	Coffee & Donuts	9:00 a.m.	Lounge
June 7 (Saturday)	Pinochle Party	12:30 p.m.	Lounge
June 9 (Monday)	Committee Meeting	1:30 p.m.	Conf Room
June 10 (Tuesday)	General Meeting (7th floor responsible for snacks)	2:00 p.m.	Lounge
June 11 (Wednesday)	Computer Class	1:00 p.m.	Computer Rm
June 11 (Wednesday)	Speaker- Vibrant Living	2:00 p.m.	Lounge
June 13 (Friday)	Second Harvest-Food Delivery Box	11:00 a.m.	Patio
June 16 (Monday)	Movie-Lincoln (Sign-up required)	11:30 a.m.	Conf Room
June 16 (Monday)	Speaker-Medicare 101	2:00 p.m.	Lounge
June 18 (Wednesday)	Birthday Party	5:00 p.m.	Lounge
June 21 (Saturday)	Soup & Hot Dogs	11:00 a.m.	Lounge
June 22 (Sunday)	Pie a La Mode Party	5:00 p.m.	Lounge
June 25 (Wednesday)	Computer Class	1:00 p.m.	Computer Rm
June 29 (Sunday)	Social	5:00 p.m.	Lounge
June 30 (Monday)	Therapy Dog	11:00 a.m.	Lounge
June 30 (Monday)	Speaker-Diversity	2:15 p.m.	Lounge

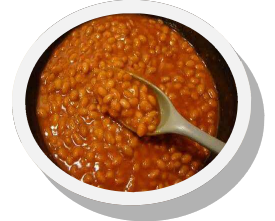


Bingo	Every Monday	6 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:30 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	1 p.m.	Patio
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Patio
Walkers Club	Every Friday	2 p.m.	Outside
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:30 p.m.	Patio
Yarns Around	Every Sunday	1:30 p.m.	Patio

ANNUAL PIG ROAST



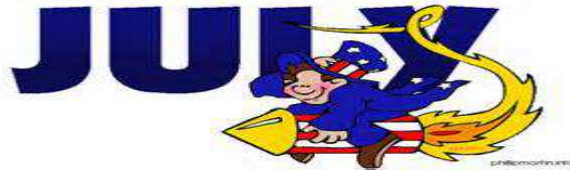
FRIDAY, JUNE 6, 2014
LUNCH SERVED AT 12:00 TO 2:00 PM



ENTERTAINMENT BY
JOHNNY & THE JOHNETTES
 FROM 12:30 TO 3:00 PM



All food will be served **OUTSIDE** behind the building. (Weather permitting)



Saturday	7/05	Coffee & Donuts		9:00 a.m.
Saturday	7/05	Pinochle Party		12:30 p.m.
Sunday	7/13	Sunday Picnic	Just One "Sterling"	12:00 p.m.
Sunday	7/20	Social	Majestics	5:00 p.m.

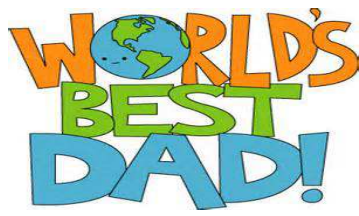
If you are interested in getting a manicure and hand massage please make sure you **SIGN UP** with Claudie.

COST: \$15.00

I need to know how many people are interested so I can set up a date. If we have enough people interested I can schedule it monthly.



Claudie's



Corner



Elvis Presley

On **Thursday, June 5th** at **2 p.m.**, **Jeff Krick** will present his **Elvis Impersonator tribute** show at Lutheran Manor.

Come enjoy Elvis hits from the **'50s and '60s** and **Gospel** music.

Jeff Krick is not only an award winning **Elvis Tribute Artist** but also the # 1 Artist in the country!

Refreshments will be served!



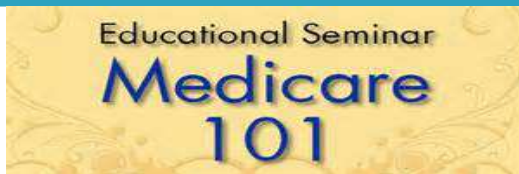
Traditions of Hanover At Home

Will be here on **Wednesday, June 11th**

At 2:00 p.m. in the Lounge

Cathy Heimsoth will be talking to you about **Vibrant Living**. Stretching your mind, breath and body can be beneficial for any age; learn how to create a healthier overall mind and body.

Refreshments will be served!



Alysia Radford

from Capital Blue Cross will be coming by on

Monday, June 16 at 2:00 pm in the Lounge

She will be presenting to you an educational event on Medicare 101, Part A, B, C and D.



Is important

Pat Gadsden will be here on **Monday, June 30 at 2:15 p.m.** in the Lounge.

She will define what **DIVERSITY** is. Identify the three forms of cultural **awareness, sensitivity and competence.**

Also talk about the cage of oppression (How **stereotypes** are formed).

The Snack Stand

Snacks available
every
Monday & Wednesday
From 3-6 p.m. In the **Main Lobby**



Happy



Father's Day

FREE Computer Classes

Wednesday, June 11

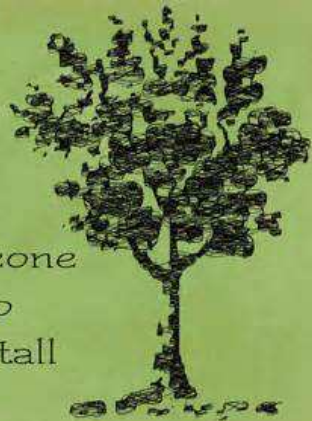
Topic: New Tenants Class

Wednesday, June 25

Topic: Problem solving

Time: 1 p.m. – 3 p.m.

A father is someone
you look up to
no matter how tall
you grow.



Soup & Hot Dogs

Saturday,

June 21st

11 a.m. to 2 p.m.

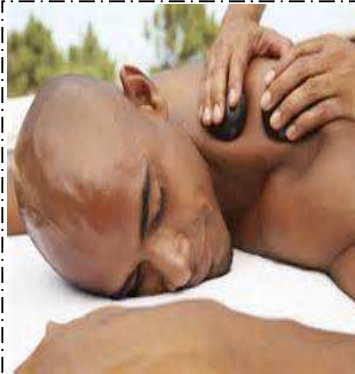


<u>SOUP</u> : Cream of Potato	\$2.50
<u>HOT DOGS</u> : Plain, Sauerkraut, or Chili	\$1.50
<u>RED BEET EGGS</u> :	.50
<u>DESSERT</u> : Ice Cream & Strawberries	\$2.50
<u>SODA OR COFFEE</u> :	\$1.00

Entertainment:

Steel City

50/50 Drawing



**MASSAGE
THERAPY**
Wednesday,
June 4th
9:00-4:30

If you are interested
in getting a massage,
please **sign-up** with
Claudie.

Price: **\$20.00** 1/2 hour
\$40.00 1 hour



Coffee & Donuts

Saturday, June 7th

9:00 a.m. to 10:30 a.m.

\$1.00 coffee

\$1.00 donut

\$1.00 additional donut

Friends and Family

Welcome



**Back by
Popular Demand!**

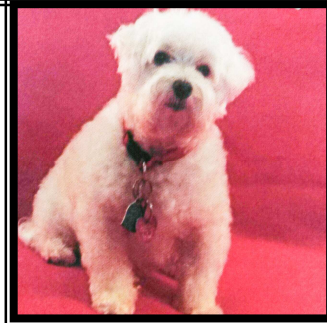
Walkers Club



Walkers Club walk every Friday at 2 pm.

Come take a walk with us.

Feel good. Look great.



Mr. Peabody or **Miz Daisy**
come once a month to visit
Lutheran Manor residents.
Please stop by and say hello.

Monday, June 30, 11:00 am

Lounge



ZUMBA

Dads come have fun, get in
shape & move to the music.
You can participate **sitting**
and/or standing in place.

Every Tuesday @10:00 AM

Lounge





You're Invited to a Birthday Party!

Wednesday, June 18th

At 5:00 p.m. in the Lounge

Entertainer: Debi Wahl



Come down
and enjoy
piano music

and
sing-alongs.

Every Wednesday

From 3-4 p.m.

In the Lounge



Yarns Around

Please join the

Yarns Around group.

They meet every Sunday at
1:30 p.m. in the Patio.

TAI CHI



FOR
ARTHRITIS

Every
Friday,
12:30 p.m.

Patio



Tai Chi for Seniors



During the months of **July** and **August**
the **Snack Stand** and **Soup/Hot Dogs**
will be **CLOSED.**

They will resume in **September.**



No Committee and General Meeting
for the month of
July and August.



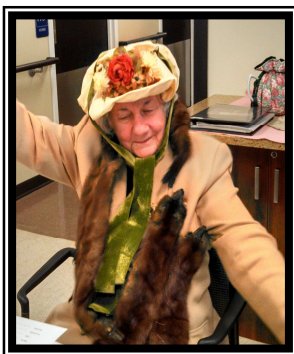
NO BINGO

FOR THE MONTH OF **JULY** AND **AUGUST**

WILL RESUME on **Monday, September 8th**

Winners for the Victorian Tea Party

CONGRATULATIONS



SAVE THE DATE

APARTMENT INSPECTIONS

Monday,	August 18,	Floors 11 and 10.
Tuesday,	August 19,	Floors 9 and 8.
Wednesday,	August 20,	Floors 7 and 6.
Thursday,	August 21,	Floors 5 and 4.
Friday,	August 22,	Floors 3-2-1.



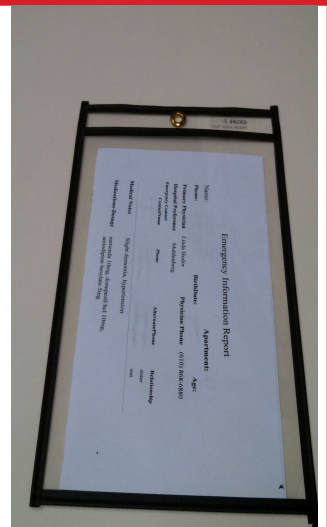
Stay tuned for more details in the **August** Newsletter.

Emergency Information Sheet

I am in the process of updating **EVERYONE'S** Emergency Information Sheet. Please stop by my office so I can give you the **NEW FORM**.

Due to **HUD updates** we will no longer request medications and dosages.

YOU will be responsible to update the medication portion of your new emergency information sheet. You can hand write the list of medications on your information sheet or request a print out from your local pharmacy. This information sheet should continue to be located by your hot water tank for emergency personnel. I would like to see the tenants from the following floors:



The week of Monday, June 2, Floors 11 and 10.

The week of Monday, June 9, Floors 9 and 8.

The week of Monday, June 16, Floors 7 and 6.

The week of Monday, June 23, Floors 5 and 4.

Thank you!

Claudie
Service Coordinator

Monday, June 30, Floors 3-2-1.



2014 Senior
Farmers Market
Vouchers

Gus from the
Lehigh County
Aging/Adult

Services will distribute vouchers
that are worth \$10 for the
Farmers Market.

Please bring proof of age.

Monday, June 2nd

At 3:30 p.m.

in the Lounge

**NOW
PLAYING!**



LINCOLN

Lincoln is a 2012 American epic historical
drama film directed by Steven Spielberg,
Starring Daniel Day-Lewis as United States
President Abraham Lincoln and Sally Field as
Mary Todd Lincoln.

Monday, June 2 & June 16

11:30 a.m.

Conference Room

SIGN UP

With Claudie

IRONPIGS VS DURHAM BULLS



VS



SUNDAY, AUGUST 3RD

5:30 PM

Cost: \$10.00

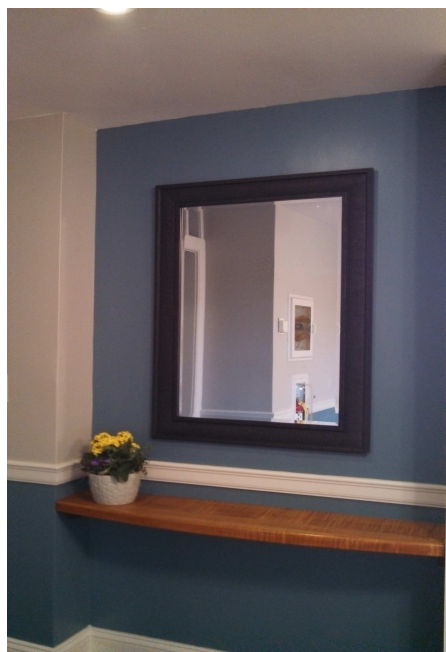
Deadline is Friday, July 18



SIGN UP

With Claudie

2nd Floor Renovation Complete



Amazing Lobby.



DeSales

Presents

Lend me a Tenor

Friday, July 25

8 p.m.

\$35.00

"Non-stop laughter" The Cleveland Opera Company is buzzing with anticipation as world-renowned tenor Tito Morelli is scheduled to play Otello for a single night. But what's an opera company to do when the superstar takes the wrong dose of the wrong stuff and can't go on? How many doors will have to slam in this hilarious, mistaken-identity farce to get someone on stage for Il Stupendo? Add identical costumes, a singing bellhop, and a seductive soprano, and chaos of operatic proportions ensues.

SIGN UP NOW



With Claudie

Pie a la Mode Party



Apple Pie

Vanilla Ice Cream

Coffee or tea

Soda \$1.00

Sunday, June 22nd

5 p.m. in the Lounge

Cost:

\$4.00 per resident

\$5.00 per guest (limit 2)



Entertainment by

Elizabeth Knecht

Song & Dance Girl

Audience Participation

Coordinator:

Ronnie Clifford

Pie a la Mode Party

#of guests _____

Sunday, June 22



Put slip under Marge Bachemin's door #705 with cash in envelope

NAME: _____ Apt.# _____

PHONE: _____

Deadline for Reservations, Weds., June 18th



SERVE ONE
ANOTHER
IN LOVE.

GALATIANS 5:13, NIV

FROM THE CHAPLAIN...

...serve one another in love. The entire law is summed up in a single command: "Love your neighbor as yourself." If you keep on biting and devouring each other, watch out or you will be destroyed by each other.

Galatians 5:13-15, NIV

North vs. South - Men vs women - Jocks vs Geeks -Republicans vs Democrats - 10th floor vs 2nd floor - residents vs staff -

If there are 7 billion people in the world then there must be 6,999,999,999 ways we separate ourselves from each other. It all started in the Garden of Eden. When God asked Adam if he ate the forbidden fruit, Adam blamed it on Eve, who blamed it on the serpent. Ever since then, we've become masters at feeling better about ourselves by pointing out the faults of those around us. We've all got faults. Jesus is the only perfect one. But instead of separating his perfect self from us, he *gives* his perfect self to us. A new life...enabling us to share his love, forgiveness, GOOD NEWS with others and build bridges, strengthen relationships, care for our neighbors and interpret their actions in the kindest ways!

Blessings, Pastor Clark

WORSHIP AT LUTHERAN MANOR-

2 PM in the Lounge

TUESDAY-3rd Rev. Jason Stokes, Notre Dame RC Church, Bethlehem

THURSDAY -12th Rev. Richard Naholdil, St. John's EC, Allentown

THURSDAY-19th Rev. Barry Mitchell, Emmanuel Lutheran, Bath

THURSDAY-26th Rev. James Muske, St. Matthew Lutheran Bethlehem



LUTHERAN MANOR CHAT ROOM- You are always welcome to spend an hour or more with this group in the Patio every Thursday beginning at 10 am. Meet your neighbors, share your interests and views, learn more about the people, places and events from the past to the present. Enjoy!

BIBLE STUDY- Beginning in June we will meet on WEDNESDAYS at 1 pm in the patio. So, the dates for June Bible Study are Wednesdays June 4, 11, 18, and 25th. We are studying the wonderful Gospel according to St. Luke. Luke's Gospel of Jesus is largely focused on the humanity and compassion for the outcasts of society.

Reminder

JUST A REMINDER- there is another opportunity for Bible Study on Thursday mornings at Hackman's Bible Book Store. Transportation provided. See Claudie for info.



Van Trips



July 2014



DATE		TRIP	TIME
July 1	(Tuesday)	Breakfast/Valley Farms	9:30 a.m._____
July 2	(Wednesday)	Lunch at Longhorns Restaurant/Walmart	11:00 a.m._____
July 3	(Thursday)	Banks, CVS, \$ Store, Post Office	9:30 a.m. _____
July 6	(Sunday)	Rose Gardens (Municipal Band of Bethlehem) Concert	7:00 p.m. _____
July 7	(Monday)	Wegmans	9:30 a.m._____
July 9	(Wednesday)	Hiawatha Paddlewheel Riverboat \$7.00 , 1 hr long cruise on the Susquehanna River/Dinner	8:00 a.m._____
July 10	(Thursday)	Hackman's Bible Bookstore (Bible Study)	9:00 a.m._____
July 10	(Thursday)	Tri-Boro Spaghetti Night	4:45 p.m._____
July 14	(Monday)	Lunch/Movie at Promenade	10:30 a.m._____
July 15	(Tuesday)	Senior Bingo w/lunch (donations)	10:45 a.m._____
July 16	(Wednesday)	Giant	9:30 a.m._____
July 17	(Thursday)	Hackman's Bible Bookstore (Bible Study)	9:00 a.m._____
July 18	(Friday)	Dinner at Willows Restaurant	3:30 p.m._____
July 21	(Monday)	Valley Farms	9:30 a.m._____
July 23	(Wednesday)	Breakfast/Wal-Mart	9:00 a.m._____
July 24	(Thursday)	Hackman's Bible Bookstore (Bible Study)	9:00 a.m._____
July 25	(Friday)	DeSales- Lend me a Tenor Cost: \$35.00	7:00 p.m._____
July 28	(Monday)	Knobels Park	9:00 a.m._____
July 29	(Tuesday)	Breakfast at Waffle House/Christmas Tree Shop/Target	8:30 a.m._____
July 30	(Wednesday)	Weis Market	9:30 a.m._____
July 31	(Thursday)	Hackman's Bible Bookstore (Bible Study)	9:00 a.m._____

Please fill out the form and **bring to my office**, I will start collecting forms at **7 a.m.** on the first day of the month.
Thank you!

Name: _____ Apt: _____


PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

JUNE

2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 1:30 Yarns Around</p> 	<p>2 10:00 Exercise 11:30 Movie-Lincoln 3:30 Farmers Market Vouchers 6:00 Bingo</p>	<p>3 10:00 Zumba 2:00 Rev Jason Stokes, Notre Dame RC</p>	<p>4 9:00 Massage by Appointments 10:00 Exercise 1:00 Bible Study 3:00 Piano Playing</p>	<p>5 10:00 Chat Room 2:00 Elvis Impersonator</p> 	<p>6 12:00 Pig Roast</p> 	<p>7 9:00 Coffee & Donuts 12:30 Pinochle Party</p> 
<p>8 1:30 Yarns Around</p>	<p>9 10:00 Exercise 1:30 Committee Mtg 6:00 Bingo</p>	<p>10 10:00 Zumba 2:00 General Meeting</p> 	<p>11 10:00 Exercise 1:00 Bible Study 1:00 Computer Class 2:00 Speaker-Vibrant Living</p>	<p>12 10:00 Chat Room 2:00 Rev Richard Naholdi, St John's EC</p>	<p>13 10:00 Yoga 11:00 Second Harvest Food Delivery 12:30 Tai Chi 2:00 Walkers Club</p>	<p>14</p>  <p>***** FLAG DAY</p>
<p>15 1:30 Yarns Around</p> 	<p>16 10:00 Exercise 11:30 Movie-Lincoln 2:00 Speaker-Medicare 101 6:00 Bingo</p>	<p>17 10:00 Zumba</p> 	<p>18 10:00 Exercise 1:00 Bible Study 3:00 Piano Playing 5:00 Birthday Party</p>	<p>19 10:00 Chat Room 2:00 Rev Barry Mitchell, Emmauel Lutheran</p>	<p>20 10:00 Yoga 12:30 Tai Chi 2:00 Walkers Club</p>	<p>21 11:00 Soup & Hot Dogs</p> 
<p>22 1:30 Yarns Around 5:00 Pie A La Mode Party</p> 	<p>23 10:00 Exercise 6:00 Bingo</p> 	<p>24 10:00 Zumba</p>	<p>25 10:00 Exercise 1:00 Bible Study 1:00 Computer Class 3:00 Piano Playing</p>	<p>26 10:00 Chat Room 2:00 Rev James Muske St. Matthew Lutheran Bethlehem</p>	<p>27 10:00 Yoga 12:30 Tai Chi 2:00 Walkers Club</p>	<p>28</p>
<p>29 5:00 Social</p> 	<p>30 10:00 Exercise 11:00 Therapy Dog 2:15 Speaker-Diversity 6:00 Bingo</p>				<p>Walking Club</p> 	